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PURPOSE:

The intent of this clinical policy is to ensure services are medically necessary.

Please refer to the member's benefit document for specific information. To the extent there is any inconsistency between this policy and the terms of the member's benefit plan or certificate of coverage, the terms of the member's benefit plan document will govern.

POLICY:

Benefits must be available for health care services. Health care services must be ordered by a provider. Health care services must be medically necessary, applicable conservative treatments must have been tried, and the most cost-effective alternative must be requested for coverage consideration.

GUIDELINES:

Medical Necessity Criteria - Must satisfy any of the following: I or II

- I. Fetal surgery in utero for any of the following indications: A K
 - A. Ablation of anastomotic vessels in acardiac twins; or
 - B. Insertion of pleuro-amniotic shunt for fetal pleural effusion; or
 - C. Twin-twin transfusion syndrome (TTTS) fetoscopic laser surgery, must meet all of the following: 1 and 2
 - 1. Stages II, III, or IV; and
 - 2. Pregnancy is less than 26 weeks of gestation.
 - D. Sacrococcygeal teratoma (SCT) resection; or
 - E. Myelomeningocele (MMC) repair; or
 - F. Congenital cystic adenomatoid malformation (CCAM)/congenital pulmonary airway malformation (CPAM) must satisfy any of the following: a or b
 - a. Fetal lobectomy (resection); or
 - b. Thoracoamniotic shunt placement.
 - G. Extralobar pulmonary sequestration (EPS) thoracoamniotic shunt placement; or
 - H. Fetal pleural effusion thoracoamniotic shunt placement; or
 - I. Twin reversed arterial perfusion trap (TRAP) ablation or occlusion of anastomic vessels (eg, laser coagulation or radiofrequency ablation); or
 - J. Urinary tract obstruction (UTO) urinary decompression via vesicoamniotic shunt placement; or
 - K. Serial amnioreduction for twin-to-twin transfusion syndrome must satisfy all of the following: 1 -4
 1. Women after 26 weeks of gestation; and

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- 2. Evidence of abnormal blood flow documented by Doppler studies in one or both fetuses; and
- 3. Evidence of polyhydramnios in the recipient fetus; and
- 4. Donor fetus is oligohydramniotic.
- II. Fetoscopic endoluminal tracheal occlusion (FETO) for intrauterine treatment of congenital diaphragmatic hernia (CDH) must satisfy all of the following:
 - A. Member has been diagnosed with CDH at less than 30 weeks gestation; and
 - B. Presence of severe pulmonary hypoplasia (defined as a quotient of the observed-to-expected lung-to-head ratios of less than 25%); and
 - C. Absence of other major structural or chromosomal defects.

EXCLUSIONS (not limited to):

Refer to member's Certificate of Coverage or Summary Plan Description

The following are considered investigative (see Investigative List): I – III

- I. Fetal in-utero surgery for treatment of congenital heart disease (CHD) (eg, mitral valve dysplasia) any of the following indications: A I
 - i. Fetal aortic valvuloplasty
 - ii. Fetoscopic laser ablation for type 2 vasa previa
 - iii. Shunting for the treatment of fetal cerebral ventriculomegaly
 - iv. Treatment of amniotic band syndrome
 - v. Treatment of aqueductal stenosis (ie, hydrocephalus)
 - vi. Treatment of cleft lip and/or cleft palate
 - vii. Treatment of fetal hydronephrosis
 - viii. Treatment of gastroschisis
- II. Stem cell transplantation in utero
- III. Gene therapy in utero

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Prior Authorization: Yes, per network provider agreement

Precertification: Yes

CODING:

CPT[®] or HCPCS

59072 Fetal umbilical cord occlusion, including ultrasound guidance

59076 Fetal shunt placement, including ultrasound guidance

59897 Unlisted fetal invasive procedure, including ultrasound guidance, when performed

S2400 Repair, diaphragmatic hernia in the fetus using temporary tracheal occlusion, procedure performed in utero

S2401 Repair, urinary tract obstruction in the fetus, procedure performed in utero

S2402 Repair, congenital cystic adenomatoid malformation in the fetus, procedure performed in utero

S2403 Repair, extralobar pulmonary sequestration in the fetus, procedure performed in utero

S2404 Repair, myelomeningocele in the fetus, procedure performed in utero

S2405 Repair, sacrococcygeal teratoma in the fetus, procedure performed in utero

S2409 Repair, congenital malformation of fetus, procedure performed in utero, not otherwise classified S2411 Fetoscopic laser therapy for treatment of twin-twin transfusion syndrome

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Complaint forms are available at http://www.hhs.gov/ocr/office/file/index.html.

Language Assistance Services

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PIC:

Provides free aids and services to people with disabilities to communicate effectively with us, such as:

- Qualified sign language interpreters
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Provides free language services to people whose primary language is not English, such as:

- Qualified interpreters
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Grievance Specialist PreferredOne Insurance Company PO Box 59212 Minneapolis, MN 55459-0212 Phone: 1.800.940.5049 (TTY: 763.847.4013) Fax: 763.847.4010 customerservice@preferredone.com

You can file a grievance in person or by mail, fax, or email. If you need help filing a grievance, a Grievance Specialist is available to help you.

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U.S. Department of Health and Human Services 200 Independence Avenue, SW Room 509F, HHH Building Washington, D.C. 20201 1-800-368-1019, 800-537-7697 (TDD)

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